



ST. JOHN'S EPISCOPAL SCHOOL
Athletic Participation Physical Examination
Health History from Parent

5 th – 8 th GRADE ONLY

NAME _____ BIRTHDATE _____ GRADE _____ M _____ F _____

Home Address _____ City _____ Phone _____

Name of Parent/Guardian _____

Name of Pediatrician/Group _____

Office Address _____ City _____ Phone _____

Health History (to be completed by parent/guardian and reviewed by examining physician) Please answer the following questions by circling “no” or “yes” and explaining as necessary:

Has this student had a complete physical examination in the past three years? NO YES

Has this student ever had a concussion or been unconscious? Explain/ Date _____ NO YES

Has this student ever been disqualified from athletic participation for medical reasons? NO YES

Does this student have any major medical condition? Explain _____ NO YES

Has this student had an injury of a muscle, bone, joint, ligament, or tendon? NO YES

Explain _____

Has this student ever been hospitalized other than surgery? Explain _____ NO YES

Is this student taking any prescription medication? Explain _____ NO YES

Please indicate the following conditions by circling “no” or “yes” and explaining as necessary:

1 Wears glasses NO YES 7 Heart condition NO YES

2 Wears contact lenses NO YES Explain _____

3 Any kind of ear problems? NO YES 8 Kidney problems/blood in the urine NO YES

Explain _____ 9. Asthma NO YES

4 Dizziness or Headaches NO YES Medication _____

Explain _____ 10. Seasonal Allergies NO YES

5 Seizures, convulsions or fainting spells. Explain _____ NO YES

6 Loose, chipped, or false teeth NO YES Bee Allergy NO YES

Food Allergies: _____ EPI PEN / Auvi-Q NO YES

*****OTHER HEALTH ASPECTS THE DOCTOR AND SCHOOL SHOULD BE AWARE OF*****

 This health history is complete and accurate to the best of my knowledge. I understand medical information will be shared with coaches. I understand parents must be on site to provide and administer any medications needed for sports. Coaches cannot administer any medications to students and students cannot carry medication without a completed Parent/Guardian Authorized Health Care Provider Request for Medication on file in the Nurse’s Office.

Date: _____ Parent/Guardian Signature _____

*****Do Not Return This Form Unless Reverse Is Completed By Physician*****



Completed by examining physician or authorized health care provider

Name _____

DOB _____

Height _____

Weight _____

VISION:
 Glasses ___NO ___YES
 Contacts ___NO ___YES

VITAL SIGNS:
 B/P _____
 Pulse _____ Resp _____

URINE:
 Sugar ___NEG ___POS
 Protein ___NEG ___POS

HEENT:

HEART:

LUNGS:

ABDOMEN:

GENITALIA AND HERNIA:

STRUCTURAL ABNORMALITIES:
 (Back, chest, arm, leg deformities)

PHYSICIAN RECOMMENDATIONS:

SCHOOL NURSE FOLLOW-UP:

PHYSICIAN'S REPORT
 I hereby certify that this student was examined by me and no physical conditions were detected that would render him/her physically unfit to engage any sport.
 Exceptions: None _____ YES (specify): _____
 Examining Physician _____ Date of Exam _____